

RIDGEWAY NURSERY SCHOOL & KINDERGARTEN



OCTOBER 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
WEEK 1	Pizza, Salad Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice, peas & Fruit
	8	9	10	11	12
WEEK 2	COLUMBUS DAY NO SCHOOL	Meatballs, Pasta Mixed Vegetables Fruit	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice, peas & Fruit
	15	16	17	18	19
WEEK 3	Pizza, Salad Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice, peas & Fruit
	22	23	24	25	26
WEEK 4	Pizza, Salad Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice, peas & Fruit
	29	30	31	1	2
WEEK 5	Pizza, Salad Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice, peas & Fruit

Fresh Fruit and Vegetables with dip served every day.

PEANUT FREE SCHOOL

Children may bring their own lunch

2% Milk Served

Whole Milk served for children under 2 yrs.

Purified Water Served

Menu Subject to
change