

RIDGEWAY NURSERY SCHOOL & KINDERGARTEN



JANUARY 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
WEEK 1		NEW YEARS DAY NO SCHOOL	Chicken Tenders, Rice & peas, Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Pizza, Salad Fruit
	7	8	9	10	11
WEEK 2	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice & peas, Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Pizza, Salad Fruit
	14	15	16	17	18
WEEK 3	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice & peas, Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Pizza, Salad Fruit
	21	22	23	24	25
WEEK 4	MARTIN LUTHER KING DAY NO SCHOOL	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice & peas, Fruit	Meatballs, Pasta Mixed Vegetables Fruit	Pizza, Salad Fruit
	28	29	30	31	
WEEK 5	Chicken Noodle Soup, Grilled Cheese Veg. & Fruit	Macaroni & Cheese Salad, Fruit	Chicken Tenders, Rice & peas, Fruit	Meatballs, Pasta Mixed Vegetables Fruit	

Fresh Fruit and Vegetables with dip served every day.

PEANUT FREE SCHOOL

Children may bring their own lunch

2% Milk Served

Whole Milk served for children under 2 yrs.

Purified Water Served

Menu Subject to
change